

Medications and Foods that POTENTIALLY Interact with Tumescant Anesthetic

Consult your surgeon if you are taking any of the following:

Anesthetics

propofol (Diprovan)

Anti-Arrhythmics

mexiletine (Mexitol)

propafenone (Rythmol)

quinidine (Quinaglute, Quinidex)

Anti-Asthmatics

zafirlukast (Accolate)

zileuton (Zyflo)

Antibiotics/Anti-Microbials/Anti-Infectives

ciprofloxacin (Cipro)

●clarithromycin (Biaxin)

chloramphenicol (Chloromycetin)

enoxacin (Penetrex)

●erythromycin

isoniazid

norfloxacin (Noroxin)

troleandomycin (Tao)

tetracycline

Anti-Convulsants

acetazolamide (Daimox) (also a diuretic)

carbamazepine (Tegretol)

divalproex (Depakote)

stiripentol

valproic acid (Depakene)

Anti-Depressants

amitriptyline (Elavil)

clomipramine (Anafranil)

flouxetine (Prozac)

fluvoxamine (Luvox)

nefazodone (Serzone)

paroxetine (Paxil)

●sertraline (Zoloft)

Anti-Diabetics

trogliatone (Rezulin)

Anti-Fungal Medications

●fluconazole (Diflucan)

●itraconazole (Sporanox)

●ketoconazole (Nizoral)

●metronidazole (Flagyl)

●miconazole (Monistat)

Anti-Histamines

astemizole (Hismanol)

Anti-Neoplastics

●tamoxifen (Nolvadex)

letrozole (Femara)

Anti-Psychotics

clozapine (Clozaril)

sertiadole

pimozide (Orap)

Anti-Secretory

omeprazole (Prilosec)

Benzodiazepines

alprazolam (Xanax)

flurazepam (Dalmane)

midazolam (Versed)

triazolam (Halcion)

Beta Blockers

propranolol (Inderol)

Calcium Channel Blockers

●amiodarone (Cordarone)

diltiazam (Cardiazam)

felodipine (Plendil)

nicardipine (Cardene)

nifedipine (Procardia)

verapamil (Calan)

Corticosteroids

dexamethazone (Decadron)

methylprednisolone

Hormones

ethinylestradiol (Estinyl Feminone)

danozol (Danocrine)

thyroxine

H2 Blockers

cimetidine (Tagamet)

Immunosuppressants

cyclosporine (Neoral, Sandimmune)

Miscellaneous

anastrozole (Arimidex)

(nonsteroidal aromatase inhibitor)

caffeine

cannabinoids

cortisporin (Cortisol)

methadone (narcotic)

mibefradil dihydrochloride (Posicor)

pentoxifylline (Trental)

ramacemide

tacrine (Cognex) (reversible cholinesterase)

Protease inhibitors/Antivirals

diethyldithiocarbamate (Imuthiol)

indinavir (Crixivan)

nevirapine (Viramune)

nelfinavir (Viracept)

ritonavir (Norvir)

saquinavir (Invirase)

Information About Prescriptions & Medications

1. Antibiotics, such as cephalexin (Keftlex™) relatives of penicillin, or doxycycline a relative of tetracycline, are to be taken twice daily in order to minimize the risk of a surgical infection. Antibiotics should be taken with food to reduce the risk of gastric upset. Please start taking your antibiotic the day before surgery, and continue until the entire supply is completed. If your surgery is scheduled to begin in the early morning (before 9:00 a.m.), taking your antibiotic and eating should be postponed until after surgery.

2. Lorazepam (Ativan™) is a mild sedative, and a mild sleeping pill, that does not make one feel "drugged". Surgery is more easily tolerated if the patient is well rested and relaxed. We suggest that you take one lorazepam (1 mg) the night before surgery.

3. Mephytone (vitamin K) might help minimize bleeding and postoperative bruising. Although it is not essential to take vitamin K pre-operatively, we do recommend it when possible. Take one 5 mg tablet daily as directed.

4. Acetaminophen (Tylenol™ Extra Strength), 500 mg capsules or tablets, does not require a prescription. Taking two tablets, three to four times daily, beginning after surgery, should help minimize postoperative swelling. **To treat any minor pain before surgery** take 2 Extra Strength Tylenol (500 mg), as needed. If Tylenol is not acceptable, notify us so that we can arrange a suitable substitute.

5. Diphenhydramine (Benadryl™) 25mg capsules or tablets, does not require a prescription. Taking as directed can help to reduce post-operative itching. Be aware that Benadryl™ may cause drowsiness.

Medication Precautions for Surgery Patients

1. Do Not Take ASPIRIN (Anacin, or Bufferin) or **IBUPROFEN** (Advil, Motrin, or Nuprin), or **NAPROXEN** (Aleve), or any medications that contain these drugs or any similar anti-inflammatory medications, for **seven (7) days** before and 3 days after surgery. These drugs will promote bleeding and bruising. Check the labels of all your medications, even those which you purchase without a doctor's prescription, to be sure you are not taking any aspirin or aspirin-like substances. Remove any products containing aspirin from your medicine chest so that you do not inadvertently take it during the week before your surgery. Consult your physician before you stop taking any prescribed medicines. Please inform us if you are taking any medications to treat arthritis, or any blood-thinning anti-coagulant medications. Below is a list of medications that must be stopped seven (7) days before surgery.

Advil	Children's	Empirazil	ketoprofen	oxyphenbuta	Soma-
Aleve	Aspirin	Endodan	ketorolac	zon	Compound
Alcohol	choline	Excedrin	Lortab ASA	Oxybutazone	sulindac
Alka Seltzer	salicylate	Feldene	Magan	oxaprozin	Synalgos DC
Amigesic	Clinoril	fenoprofen	Mg salicylate	Pamprin	Tanacetum
Anacin	Congesprin	feverfew	meclofenama	Pepto-bismal	parthenium
Anaprox	Cope	Fiorinal	te	Percodan	(feverfew)
Anaproxin	Coricidin	flurbiprofen	Meclufen	Persantine	Tolectin
Ansaid	corticosteroid	Froben	Medipren	Phenaphen	tolmetin
APC	Coumadin	4-Way-Cold	mefenamic	Phenylbutazo	Toradol
Argesic	Darvon ASA	Tabs Garlic	Menadob	ne	Trandate
Arthra G	Darvon	Capsules	Midol	piroxicam	Trendan
Arthropan	Compound	Gelpirin	Mobidin	Ponstel	Trental
A.S.A.	Daypro	Genpril	Monogesic	Prednisone	Trigesic
Ascodeen	Depakote	Genprin	Motrin	Quagesic	Trilisate
Ascriptin	dexamethaso	Ginko Biloba	nabumetone	Relafen	Tusal
Aspergum	ne	Goody'sBody	Nalfon	Rexolate	Vanquish
Aspirin	diclofenac	Pain	Naprosyn	Robasissal	Vitamin E
BC Powder	dipyridamole	Haltran	naproxen	Roxiprin	Voltaren
Baby Aspirin	Disalcid	Halfprin	Norgesic	Rufin	Warfarin
Bayer	divalproex	Ibuprin	Norwich	Saleto	Willow Bark
Brufen	Doan's Pills	ibuprofen	Ex.Str.	Salflex	Zactrin
Bufferin	Dolobid	Ibuprohm	Nuprin	salsalate	Zorprin
Butazolidin	Dristan	Indameth	Ocufen	Salsitab	
Cephalgesic	Easprin	Indocin	Orudis	Sine Off	
Cheracol	Ecotrin	indomethaci	Oruvail	Sine Aid	
Caps	Empirin	n		thiosalicylate	

2. Do not take decongestant medication containing pseudoephedrine (Sudafed™, Actifed™) for **5 days** prior to surgery. These can cause the heart rate to beat too rapidly.

3. Appetite suppressant drugs phentermine (Fastin), should not be taken for at least 14 days before surgery. appetite. To avoid side effects such as depression, it is better to begin decreasing the dose gradually. Maintain a healthy diet and stop aggressive weight loss diets for a safe surgery and good healing.

4. Do not take antidepressants, such as Zoloft or tricyclics for 14 days before surgery. Please consult you prescribing physician before discontinuing any of your prescribed medications.